

Terms and Conditions

Last Updated: March 2025

1. Introduction

Welcome to **The Holistic Growth Coach**. By using this website and engaging with our coaching services, you agree to these Terms and Conditions. If you do not agree, please do not use our website or services.

2. Services Provided

The Holistic Growth Coach offers **business coaching, mentoring, and social media strategy** for complementary and alternative therapists. Our services are for **guidance and educational purposes only** and do not guarantee specific business outcomes.

3. Client Responsibilities

By working with The Holistic Growth Coach, you agree to:

- Be open to guidance and take responsibility for implementing advice.
- Provide accurate information when booking sessions.
- Ensure you have the necessary time and commitment for coaching.

4. Payments & Refunds

- Payment must be made **in advance** unless otherwise agreed.
- No refunds are given for completed coaching sessions. If you need to cancel or reschedule, please give **at least 24 hours' notice**.

5. Confidentiality

All coaching sessions are confidential. Your personal and business details will not be shared with third parties, except as required by law.

6. Website Use

By accessing this website, you agree to:

- Use it only for lawful purposes.
- Not copy, reproduce, or distribute any content without permission.

7. Limitation of Liability

The Holistic Growth Coach is not responsible for any business losses, financial decisions, or outcomes resulting from coaching sessions or website content.

8. External Links


This website may contain links to third-party websites. We are not responsible for their content or privacy practices.

9. Changes to These Terms

We may update these Terms and Conditions at any time. Continued use of our website and services indicates acceptance of the latest version.

10. Contact Us

For any questions, please contact:

 **Email:** info@choosewellbeing.co.uk